



PUBLISHED MONTHLY BY \*ACTIVITY DEPART

# SANTA RITA READER

Happy Holidays! Another year has passed us by & it is time to celebrate Christmas. There are scheduled activity programs for *all* of our residents, rehabilitation & long-term alike. There are music programs, exercise, movie matinees & religious services. Anyone may attend programs & can chose a seat by the door if they are expecting company or an appointment with therapy. We will do some shopping at Wal-Mart on the 8<sup>th</sup> & there will be lunch at La Placita, Red Lobster & Triple T later in the month. In addition to regular programs, members of the community will be visiting our facility for caroling & delivering Christmas gifts to all. An activity cart is scheduled to go around twice a week offering materials for independent use such as decks of cards, magazines & books. My staff & I truly enjoy coordinating the activity programs & extend our warmest wishes to all that are with us this holiday season!

**Just a reminder to residents & staff:**

there is anything else that we may provide please do not hesitate to contact the activity department at 302 or We are going to be having a lot of folks in & stop by our office in the garden room. out of the facility this month. We have tried

to get them all scheduled on the calendar but as always there will be some that will just

show up & want to carol for the residents & staff. Please welcome them & show them around the facility, if activities are closed. Residents please check the main calendar daily as it has a tendency to change this time of the year.

**HAPPY BIRTHDAY!**

- ❖ Beatriz A - 302
- ❖ Ema S - 07
- ❖ Maria A - 14
- ❖ Jewell F - 17
- ❖ Betty D - 20
- ❖ Willie H - 26
- ❖ Mary S - 30



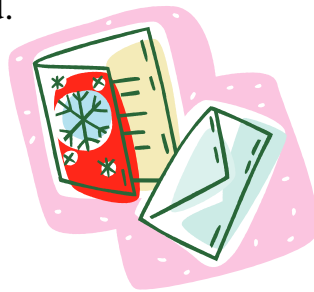
## THE BEST THINGS IN LIFE ARE OUR MEMORIES...

Christmas is a time of year when old memories dance in our heads as we make new ones with our loved ones. I have many fond memories of Christmas time; one in particular stands out the most. As a child I wanted a stereo more than anything and made sure my parents knew it explicitly. Christmas morning came and to my great disappointment in the place of my stereo was a box full of coffee cups! I was around 8 years old at the time so you can imagine the huge disappointment that I felt; I didn't even like coffee! For some reason my heart breaking over the coffee cups seemed to bring great glee to my parents. Through their coy smiles and knowing looks they sent me into the other room to retrieve a fictitious item. When I got there my beautiful new stereo was there waiting for me. Every Christmas this perfect memory finds its way back into my mind and brings with it a smile as genuine as the first one the stereo brought. Everyone has these beautiful memories and they should be shared so that everyone can feel the joy of Christmas. Please, join us for hot cocoa, pie and shared stories of Christmas past on December 2<sup>nd</sup> at 230PM.



### Christmas Cards

Attention Residents do you have family members you would like to send a Christmas card to? Join us in the Vista room as we stuff envelopes. Also bring any address that you want a card mailed to. We will be doing this on December 6th starting at 2:00 pm. Cookies & Cards will be provided.



### Resident Christmas Party

Resident' & Family Member's Christmas Party  
December 23rd at 2PM

Food, Music, Santa

Please RSVP with the number in your party by December 16<sup>th</sup> to activities department.

Remember gifts need to be in the activity department by the 16th too.



## Facility Outings

08 – WalMart  
14 – La Placita  
22 – Red Lobster  
29 – Triple T



\*\*Check with activity department for sign up sheet and specific departure times.

## FYI -- New Years Eve Party

We will be celebrating this event on Dec 30th at 230PM. Come one come all with your party hats on.

One Man's Trash Can Be Another Man's Treasure . . . .



Community Garage Sale  
The Employee Assistance Fund will be hosting a garage sale on Friday, December 2<sup>nd</sup> from 7am – 3pm. Donations are welcome.

## Something To Make You Smile . . .

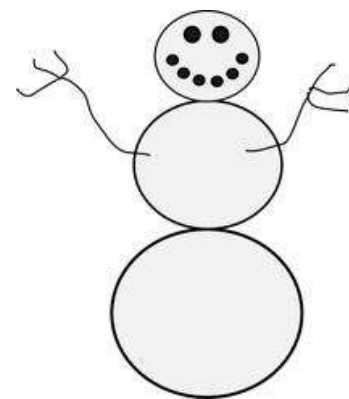
A baby's laugh, a child's giggle, just the right tune to make you wiggle  
A familiar aroma, a cheery hello, a chocolate cookie or cup of JELL-O  
A blossoming tree, a bright blue sky, the garden when it gets knee-high  
The tweet of a bird, a favorite hymn, a word of scripture and the book it's in.  
A visit or phone call from a friend, a movie with a happy end  
A favorite candy or ice cream or pie, the steam of a coffee cup wafting by  
Green grass, parties, puppies, kittens, warm scarves and cozy mittens  
Flowers, afternoon naps and bunnies, sitting down to read the Sunday funnies.  
Hugs and kisses from those we love and so much more than mentioned above.  
Watch for the little things more than once in a while, and you'll always find something that makes you smile!

## Remember that Christmas

can sometimes be a hard time for some of our residents. Please let a staff person know if you see someone having a hard time dealing with Xmas so that we can help them. Not all family can visit or maybe there is no family member & this can be hard to watch if you don't have anyone. We want everyone to have a Merry Christmas.



Tune to Channel #20 on your television to watch movies throughout the month or join us in the Vista Room to watch a Netflix!



# SANTA RITA TEAM



Medical Director-----Dr. Scott Bolhack  
Administrator-----Carl Zimmerman  
Director of Facility Operations-----Amy Malkin  
Director of Nursing-----Robyn Eaglen  
Assistant Director of Nursing-----Deborah Dunlap  
Admissions/Marketing-----Katie Barans  
Social Service Director-----Carol Kolb  
Director of Therapy Services-----Jose Avendano  
Business Office Manager-----Leah Jones  
MDS Coordinator-----Cindy Dahlberg  
Medical Records-----Maritza Martinez  
Dietary Manager-----Jennifer Hernandez  
Maintenance Director-----Roger Hampton  
Activities Director-----Maria Blanco



Merry Christmas on  
behalf of Santa Rita  
Nursing and  
Rehabilitation Center!

## Weekly Events

- Sunday's Keep Fit
- Monday's Nails w/ Cheryl
- Tuesday's Catholic Communion
- Wednesday's Edible Creations
- Thursday's Good News Bible Study
- Friday's Menu Committee Meeting
- Saturday's Science For Seniors

