

FEBRUARY 2012

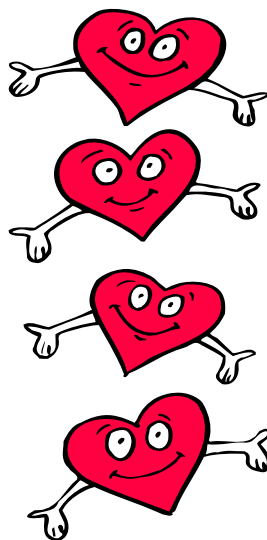
February
Monthly
Newsletter



SANTA RITA READER

Happy Valentine's Day

On Feb. 14th the activities begin at 9a.m. with Sandy Sanford on the piano playing our favorite tunes. Activity staff will be around passing out some cupid candies throughout the day. At 2p.m. we will host a Valentine Social. Come see who will be crowned "King & Queen" for the day. There will be sweets for the sweet! We will end the festivities with Bingo at 3:00 pm. There will be prizes, fun and laughs! Come join the fun!



Super Bowl XLVI

Super Bowl XLVI

Calling all sports fans -- Get out your games shirts & tune in to watch the game!

Super Bowl will air on NBC Channel #4 with pre-game coverage beginning at 10a.m. Game time is 4p.m.



The game will be on in the Vista Room for anyone that would like to watch the game out of his/her room.

Activity staff will pass snacks for your enjoyment prior to the game.

Volume 2, Issue 6

February 1, 2012

Happy Birthday!

- Priscilla H 02/16
- Edward M 02/18
- Dennis C 02/20



Inside this issue:

Activity Greeting	2
Resident Meetings	2
Loteria	2
Groundhog Day	3
SRNRC Team	4
Activity Highlights	4
SR Services	4

Activity Department



Greetings and Happy February to you! January was a great start to the new year. We had great entertainment and hosted some interesting socials. The Chinese New Year was a blast. Everyone enjoyed the dim lights and colorful lanterns. The Jewels were here to sing and Claudia served up the mocktails as we listened to songs from our past. At the Mad Hatter Tea Party we enjoyed short bread cookies and colorful animal crackers while we watched Alice

In Wonderland.

We hope to have another fun-filled month with entertainment socials and celebrations. There will be several music entertainers, Valentine's and Rodeo.

Please keep in mind that we also offer materials for independent use on those days that one feels too tired to come out & socialize in a group.

Come by and say hello. Our office is located in the Vista Room.

Maria, Claudia & Robin



Resident Council & Food Committee

Resident Council convenes the 2nd Thursday of the month at 2:30 PM. This is an opportunity for Residents to come together and voice any concerns they may have. Resident Council is also a way for residents to keep informed on what is going on in the facility.

Food Committee meets every Wednesday at 11:00 AM. The group will read over the menu and discuss it over coffee & cookies. There will be food samples from time to time sent to us from US Foods. Food too cold? Food taste bad? Was the soup delicious & hot last night? This is the time to let the kitchen know.

Loteria Thursdays

Lotería is a Mexican game of chance, similar to Bingo, but using images on a deck of cards instead of plain numbers on ping pong balls. Every image has a name and an assigned number, but the number is usually ignored. Each player has at least one *tabla*, a board with a randomly created 4 x 4 grid of pictures with their corresponding name and number. Each player choose what *tabla* they want to play with, from a variety of previously created *tablas*. Each one presents a different selection of images.



Lotería is the Spanish word for *lottery*. The deck is composed of 54 different images. The caller (*cantor*, or singer) randomly selects a card from the deck & announces it to the players by its name. The players with a matching pictogram on their board mark it off with a chip (many Mexican families traditionally use small or pinto beans as markers). The first player with four chips in a horizontal, vertical or diagonal row, squared pattern, any other previously specified pattern, or fills the *tabla* first shouts "¡Lotería!" (Lottery!).



Groundhog Day History—

European Root (Adapted from "Groundhog Day: 1886 to 1992" by Bill Anderson)

Groundhog Day, February 2nd, is a popular tradition in the United States. It is also a legend that traverses centuries, its origins clouded in the mists of time with ethnic cultures and animals awakening on specific dates. Myths such as this tie our present to the distant past when nature did, indeed, influence our lives. It is the day that the Groundhog comes out of his hole after a long winter sleep to look for his shadow.

If he sees it, he regards it as an omen of six more weeks of bad weather and returns to his hole.

If the day is cloudy and, hence, shadowless, he takes it as a sign of spring and stays above ground.

The groundhog tradition stems from similar beliefs associated with Candlemas Day and the days of early Christians in Europe, and for centuries the custom was to have the clergy bless candles and distribute them to the people. Even then, it marked a milestone in the winter and the weather that day was important.

The Roman legions, during the conquest of the northern country, supposedly brought this tradition to the Teutons, or Germans, who picked it up and concluded that if the sun made an appearance on Candlemas Day, an animal, the hedgehog, would cast a shadow, thus predicting six more weeks of bad weather, which they interpolated as the length of the "Second Winter."

Pennsylvania's earliest settlers were Germans and they found groundhogs to in

profusion in many parts of the state. They determined that the groundhog, resembling the European hedgehog, was a most intelligent and sensible animal and therefore decided that if the sun did appear on February 2nd, so wise an animal as the groundhog would see its shadow and hurry back into its underground home for another six weeks of winter.

The Germans recited:

*For as the sun shines
on Candlemas Day,
So far will the snow
swirl until the May.*

This passage may be the one most closely represented by the first Punxsutawney Groundhog Day observances because there were references to the length of shadows in early Groundhog Day predictions.

Another February 2nd belief, used by American 19th century farmers, was:

*Groundhog Day - Half
your hay.*

New England farmers knew that we were not close to the end of winter, no matter how cloudy February 2nd was. Indeed, February 2nd is often the heart of winter. If the farmer didn't have half his hay remaining, there may have been lean times for the cows before spring and fresh grass arrived.

The ancient Candlemas legend and similar belief continue to be recognized annually on February 2nd due to the efforts of the Punxsutawney Groundhog Club.

SANTA RITA TEAM



Medical Director-----Dr. Scott Bolhack

Administrator-----Carl Zimmerman

Director of Facility Operations-----Amy Malkin

Director of Nursing-----Robyn Eaglen

Assistant Director of Nursing-----Deborah Dunlap

Admissions/Marketing-----Cassandra Munoz

Social Service Director-----Carol Kolb

Director of Therapy Services-----Jose Avendano

Business Office Manager-----Leah Jones

Director of Community Services -----Katie Barans

Medical Records-----Maritza Martinez

Dietary Manager-----Jennifer Hernandez

Maintenance Director-----Roger Hampton

Activity Director-----Maria Blanco

Activity Highlights

- 02 — Music Two of a Kind
- 09 — Guitar w/ Lanny Klein
- 05 — GV Community Church
- 10 — Resident Birthday Party
- 14 — Valentines Events
- 17— Music w/ Joe Hanson
- 19 — Salvation Army Service
- 24 — Cowboy Social
- 26 — GV Baptist Church



Santa Rita now offers
Out-Patient
Therapy

And Home Health
Services. Inquire
to discharge
planner.

