

January Monthly Newsletter



SANTA RITA READER

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Happy New Year 2012

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Can you believe that it is 2012? It will take me several days maybe even a couple of weeks to get use to writing 2012. We had New Years Eve party on Dec. 29th. Many residents joined us and together we counted down the old year and welcomed the new. There were refreshments, party favors and lots of laughs.



Happy New Year! It is time to welcome a new year. Over the holidays we made many memories and new friends. Residents and their family members joined the Christmas party on December 23rd. The kitchen served delicious desserts and the activity staff worked with Santa to pass out gifts to every single one of our residents. New admissions that came in over the weekend received a little something as well. A huge THANK YOU to the Green Valley Mall, Wisdom, GV Heating & Cooling, the GV Newspaper, the Minnesota Club and our community for donating all of the gifts for our Christmas this year!

January 16-21 is National Activity Professionals Week. Come say hello to the activity staff in the garden room or join us for an afternoon of music, crafts or exercise.

"We are quality of life professionals. Ours is the way of the heart as we reach out to all residents and their families and collaborate with our colleagues in all disciplines. We are tenacious in our commitment, compassion, imagination and vision as we weave a living community of hope and renewal. So that we may grow in wisdom, this is what we shall continue to do. . ."

Excerpted from *The Activity Professionals Quality of Life Ethos, The Pleasure of Your Company.*

Maria, Claudia & Robin ext. 3007

Facility Outings

- 12 – Wal-Mart
- 19 – Madera Canyon
- 26 – GV Lanes

**Check with activity department for sign up sheet and specific departure times.



Chinese New Year

The 23rd we will be celebrating the Chinese New Year. Join us for refreshments and trivia about the Year of the Dragon.

Did You Know?

315 entries in Webster's 1996 Dictionary were misspelled.

Donald Duck comics were banned from Finland because he doesn't wear pants. (Mickey Mouse wears pants but no shirt.)

Ketchup was sold in the 1830's as medicine.

The characters Bert and Ernie on Sesame Street were named after Bert the cop and Ernie the taxi driver in Frank Capra's "Its A Wonderful Life."



Dining Room

Please be aware that the dining rooms are closed between meal times for cleaning & set up. Snacks and beverages are still available. Ask staff for assistance.

Activities will continue to be held in dining room A unless noted otherwise.

Food Committee will now be held on Wednesdays at 11AM.

Dining Room Hours

Breakfast 7:00am – 8:15am

Lunch 11:30am – 12:15pm

Dinner 5:00pm – 6:15pm

Did You Know? cont.

The Declaration of Independence was written on marijuana (hemp paper).

The longest one-syllable word in the English language is "screeched."

There are no clocks in Las Vegas gambling casinos.

The name Wendy was made up for the book Peter Pan; there was never a recorded Wendy before!

A tiny amount of liquor on a scorpion will make it instantly go mad and sting itself to death.

Activity Highlights

- 01 – GV Community Church
- 05 – Cookie & Milk Social
- 06 – Lecture Series
- 08 – Wii Games
- 10 – Piano w/ Sandy Sanford
- 12 – Resident Council
- 13 – Resident Birthday Party
- 15 – Salvation Army Service
- 22 – GV Baptist Church
- 23 – Animal League Visits
- 27 – Mad Tea Party



Maintenance Day

Have you hugged your maintenance man today?? Okay maybe not hug but did you thank your maintenance staff today? Roger, Gil, Erick, Ryan & Oscar make up the team that assists with keeping things running smoothly in our facility.

Thanks guys! We couldn't do it without

Our deepest condolences to the family and friends of our beloved Residents that have recently passed away.

11/04 Gonzalo Lopez	11/14 Amy Dillaha
11/15 Louie Rock	11/24 John Baumgartner
	11/12 Jeannette
Vandaatstellar 12/05	Suk Dillon 12/19



2011 YEAR IN REVIEW

• Top News Stories

1. [Casey Anthony Trial](#)
2. [Japan Earthquake and Tsunami](#)
3. [Royal Wedding](#)
4. [Death of Osama bin Laden](#)
5. [Unemployment](#)
6. [Arizona Shooting](#)
7. [Death of Amy Winehouse](#)
8. [Arab Spring](#)
9. [Libya/Death of Moammar Gadhafi](#)
10. [Occupy Wall Street](#)

The death of a bogeyman who haunted a generation. A record-magnitude earthquake and a tsunami that swept away towns. The trial of the summer. A sudden passing. Dead-at-27 club. The next generation's go at a fairy-tale wedding. A disturbed man's action and the toxic side of politics. The toppling of long-entrenched regimes.

2011 started off with the [Arab Spring](#) and the domino effect of toppling governments. Citizens from Tunisia, Egypt, Bahrain, Syria, and Libya rose up. Of course, each country had its own set of unique, complex circumstances and craved its own particular kind of freedom. Yet the domino effect, amplified by social networking, made the Arab Spring appear to be a collective revolt.

Some, like Egypt and Tunisia, quickly effected astonishing change, from riot to election. Others followed a more typical, protracted conflict -- some with no end in sight (Syria), others with the death of a leader ([Moammar Gadhafi](#)). The contagion of protest spread to the United States, with [Wall Street](#), not the government, as the target.

Not that American politics wasn't a toxic subject in 2011. Whether or not it was fair, Arizona's political climate received partial blame for a [shooting spree](#) that killed six and injured 14, including intended target Representative Gabrielle Giffords. But Americans came together, especially when the death of [Osama bin Laden](#) -- four months shy of the 10th anniversary of 9/11, was announced.

People the world over also banded together to help the victims in the [earthquake and tsunami in Japan](#). A record 9.0-magnitude quake resulted in unspeakable, unfathomable calamity. Even more frightening was the very real possibility of a nuclear disaster, when waves tore through the seawall and swamped the Fukushima nuclear power plant.

Given all this, it seems astonishing that the [Casey Anthony trial](#) would figure so highly in news searches -- but yet, it does make sense. Many of the year's breaking news events stayed in the headlines day after day. The so-called trial of the summer was controversial for even being covered. To some, the daily queue of courtroom spectators was little better than the crowds of people in days gone by who gathered to witness public beheadings and hangings. For those who passionately sought justice for toddler Caylee Anthony, the story was every mother's terror: the disappeared child, the callous mother, a legal bureaucracy that favored the criminal over the innocent.

Two major events originated from Great Britain. Amy Winehouse's troubles with addiction were well-documented, but her talent was undeniable. Her [death](#) at age 27 revived the memory of other premature passings, of talented artists like Janis Joplin and Kurt Cobain.

The other seemed to be a throwback, yet in the midst of turmoil, people wanted to bear witness to a fairy-tale royal wedding. More than one prince married a commoner this year, but the wedding between [Prince William and Kate Middleton](#) was a second chance of sorts for those who still remembered -- and even revered -- his parents' wedding. Things didn't work out for Prince Charles and Diana Spencer, and her 1997 death added a tragic dimension to that wedding of the century. Seeing William all grown up and marrying a nice girl made the more romantic spectators think that his mother would have been quite proud.



Famous Deaths in 2011 - A Testimonial in Honor.



Celebrity deaths in 2011 that were most memorable are Amy Winehouse, Elizabeth Taylor, and Steve Jobs. Some were expected, while others held the headlines. Perhaps it was the shock of it all, or a forced look into one's own mortality. Nonetheless, here's a look back, in memory of famous people.

Who is Amy Winehouse? She was Music: In Memory of a Songstress

When the 27-year-old singer died this year, the feeling was similar to the deaths of James Dean, Aaliyah, Lisa "Left Eye" Lopes, Ryan Dunn, or Heavy D. Why? Because they are gone too soon.

Winehouse suffered from a chronic condition that many celebrities battle throughout their careers; at some point, drugs and alcohol abuse become the rule instead of the exception. For those lucky enough to seek help with rehab and "get clean," that is half the battle. The other is finding a way towards peace on the inside, while still keeping a fan base that still considers them worthy.

Amy Winehouse, through her music, captivated the world with her vocals, charm, wit, and struggles. In many ways, she was human, instead of the immortal celebrity fans often see in their music and acting. But at some point, a price is paid. Sadly, the "Rehab" singer paid one too early.

Elizabeth Taylor (or Liz Taylor): Year in Review in Memory of a Diamond

One of the most notable celebrity deaths in 2011 was Dame Taylor's passing from congestive heart failure. While she practically lived a "full life" at 79-years-of age, her death still has not been embraced by many fans who adored her. Diamonds are a girl's best friend, and so was Liz Taylor.

Elizabeth Taylor "The Diamond Queen," was more than a woman with many husbands like Zsa Zsa Gabor, or the woman who captured Richard Burton's heart. She was a symbol of all things beautiful and enchanting. Perhaps that is why she and Amy Winehouse [top the Celebrity Deaths 2011 List](#).

In Memory of 2011 Celebrities: Steve Jobs Remembered for more than the iPhone, iPad

For those who only knew the CEO and Founder of Apple, responsible for the cool gadgets that have become a mainstay of world cultures, the knowledge is limited to MacBooks, iPads, iPods, and iPads.

But to those who knew Steve Jobs the person, it's easy to understand why he should be mentioned in the Year in Review of celebrities who passed away. Largely a recluse, not much is known about his personal life.

But the little that is known about the late innovator is enough to place him high in conversations that involve revolutions and creating trends. He used technology not only to streamline processes; he created a way for the social world to coexist with the technological world. He was just that good.

Like Elizabeth Taylor, Amy Winehouse, and many others, Steve Jobs is dead, but lives on in those who adored his life and legacy. Who is your most memorable celebrity for the Year in Review?

SANTA RITA TEAM

Medical Director-----Dr. Scott Bolhack
Administrator-----Carl Zimmerman
Director of Facility Operations-----Amy Malkin
Director of Nursing-----Robyn Eaglen
Assistant Director of Nursing-----Deborah Dunlap
Admissions/Marketing-----Katie Barans
Social Service Director-----Carol Kolb
Director of Therapy Services-----Jose Avendano
Business Office Manager-----Leah Jones
MDS Coordinator-----Cindy Dahlberg
Medical Records-----Maritza Martinez
Dietary Manager-----Jennifer Hernandez
Maintenance Director-----Roger Hampton
Activities Director-----Maria Blanco



TOP 10 NEW YEAR'S RESOLUTIONS

- Spend more time with friends and family
 - Fit in fitness
 - Tame the bulge
 - Quit smoking
 - Enjoy life more
 - Quit drinking
 - Get out of debt
- Learn something new
 - Help others
 - Get organized