

Happy Grandparent's Day!



SEPTEMBER 2011

September

Monthly Newsletter

SANTA RITA READER

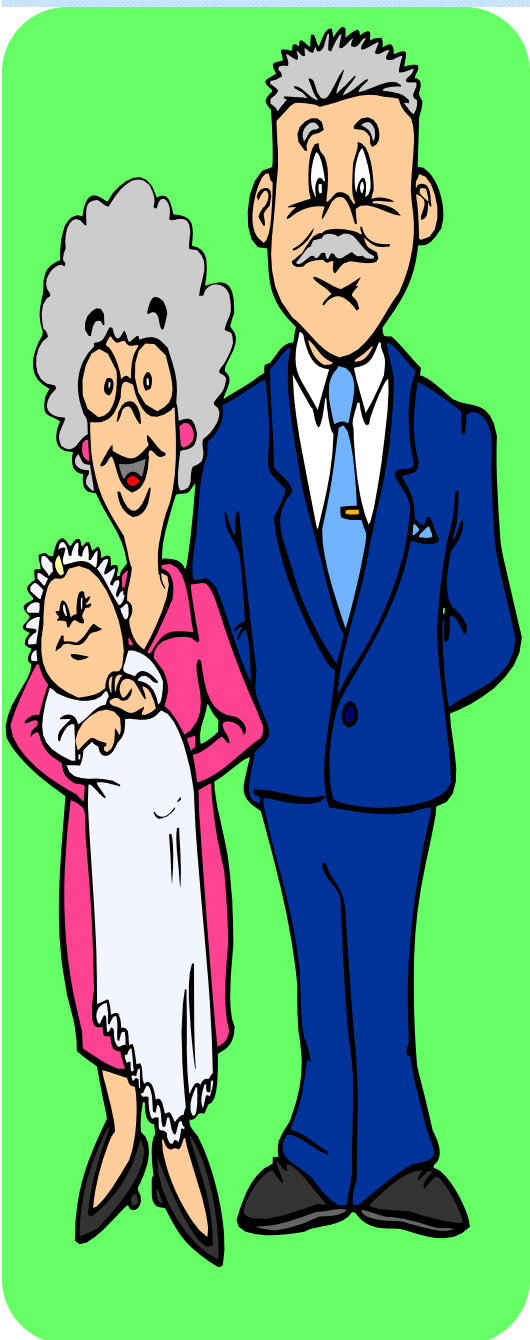
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Happy Grandparent's Day!!

Grandparent's Day is held every year on the second Sunday in September. This year it falls on September 11th. We are having a banana split celebration for these wonderful folks starting at 2:15 pm in dining room "A". Please plan on attending as there will be music, food & paper quilts.

Happy Birthday !!

- 04 — Helen P
- 06 — Nadine F
- 11 — Vern P
- 12 — Amada P
- 22 — Phyllis S
- 23 — Rosa O
- 28 — Jean L
- 29 — Robert T



September 5th is Labor Day.

Labor Day: How it Came About; What it Means

Labor Day, the first Monday in September, is a creation of the labor movement and is dedicated to the social and economic achievements of American workers. It constitutes a yearly national tribute to the contributions workers have made to the strength, prosperity, and well-being of our country.

Amy M will be grilling away Monday at lunch for our Labor Day BBQ.

INSIDE THIS ISSUE: ISSUE

MX Independence	2
Friday Lecture	3
Movie Time	3
Poetry Corner	3
Santa Rita Team	4
Happenings	4
Outings	4

Mexican Independence' Day 9/16

In the early nineteenth century, Mexico, with a little influence from the US and France, began talking about a revolt against Spain. Father Miguel Hidalgo from Dolores, Mexico, was a leader of one of the rallying groups. Hidalgo and his officers were planning a revolt for late fall of 1810. The Spanish people found out about the revolt which led the Spanish Government to order the arrest of Hidalgo and his officers. When Hidalgo found out, he called a meeting at his church. He rang the church bell on the night of September 15, 1810 to call his congregation to mass. Here Father Hidalgo rallied the people to fight. He gave the speech which is now known as 'Grito de Dolores', saying "Viva Mexico" and "Viva la independencia!" These famous words have been remembered and are said each year at the Independence Day celebrations.

Everyone fought together, including the Criollos (wealthy Mexicans of Spanish descent), Mestizos (children born from the marriage of a Spaniard and an Indian), and Indians. Armed with clubs, knives, stone slings, and ancient guns, they fought as they marched to Mexico City. A battle took place in Guanajuato between the Spanish soldiers and Hidalgo's followers. The army sacked the town, killing the Spaniards. They continued to fight on their way to the capital. When they finally reached Mexico City, the army hesitated before going in to fight and some of them even deserted the army. Before the year was over Father Hidalgo was captured and executed. Some people continued to fight for the cause and Father Hidalgo's Grito de Dolores (Cry of Dolores) became the battle cry of the Mexican War of Independence. The people fought for eleven years before they finally won their freedom.

The actual day of September 16 is similar to July Fourth in the US. There are rodeos, parades, bullfights, horseback rider performances and grand feasts. The statues in memory of Father Hidalgo are decorated with red, white, and green flowers. The Mexican Flag is made up of green, white, and red. The green is on the left side of the flag and symbolizes independence. White is the color in the middle of the flag and symbolizes religion. The red is on the right side of the flag and symbolizes union. These colors are used often in decorating for the Mexican Independence Day fiesta.



Come celebrate

with us the 16th 230PM!

First Friday Lecture Series

During the summer we began a lecture series, inviting speakers to do presentations in our facility that were educational & free to residents, staff & the public.

The series was a success & because of the great turnout, we have continued with a First Friday lecture series.

Every first Friday of the month there will be a speaker from Evercare Hospice & Palliative Care presenting a lecture series that is geared towards current senior topics.

Join us Friday, September 2nd at 2PM in dining room "C."

Topic is Urinary Tract Infections: Dangers, Causes, Prevention & Treatment



Movie time

Tune to in-room movies on channel #20 on Monday & Thursday @ 2PM.

Or join us in the garden room to watch a Netflix.

Poetry Corner...

Grandparents & grandchildren,
Together they create a chain of love
linking the past with the future.

The chain may lengthen, but it will never part.

Grandparents bestow upon their grandchildren
the strength & wisdom that time & experience
have given them.

Grandchildren bless their grandparents with a
youthful vitality & innocence that help them
stay young at heart forever.

Together they create a chain of love linking the
past with the future.

The chain may lengthen but it will never part.

~ unknown



Grandmother, you
are like a patchwork quilt so cozy &
warm.

Just the smell of coffee reminds
me of your wisdom & charm.

I know I can always come to you when lost or
all alone.

For you always comfort me & make me feel at
home.

You are the silver lining of a cloudy day & you
know whom I can trust when clouds blow my
way

Grandmother, your hugs & kisses will be
stored in my heart each day.

~ unknown



SANTA RITA TEAM



Medical Director-----Dr. Scott Bolhack
Administrator-----Carl Zimmerman
Director of Facility Operations-----Amy Malkin
Director of Nursing-----Robyn Eaglen
Assistant Director of Nursing-----Deborah Dunlap
Admissions/Marketing-----Katie Barans
Social Service Director-----Carol Kolb
Director of Therapy Services-----Jose Avendano
Business Office Manager-----Leah Jones
MDS Coordinator-----Cindy Dahlberg
Medical Records-----Maritza Martinez
Dietary Manager-----Jennifer Hernandez
Maintenance Director-----Roger Hampton
Activities Director-----Maria Blanco

What's happening?

.. this month:

- 1st Good News Bible Study
- 2nd First Friday Lecture Series
- 4th GV Community Church
- 5th Labor Day BBQ
- 9th Resident Birthday Party
- 11th Grandparent Social
- 13th Piano with Sandy Sanford
- 16th MX Independence Day Fiesta
- 18th Desert Stream Chaplains
- 19th Music w/ Too Old Two
- 23rd Happy Hour w/ Lanny Klein
- 25th GV Baptist Church
- 30th Fall Social



Fall begins September 23rd!

Activity Outings

- 8 — Shopping @ WalMart
- 15 — Lunch @ Olive Garden
- 22 — Shopping @ White Elephant
- 29 — Lunch @ Desert Diamond Casino

